

Be prepared for emergencies!

Excerpted, with permission, from *The Safe Baby* (© 2005) by Debra Smiley Holtzman, available wherever books are sold.

Form for Emergency Numbers

Use this form to collect all emergency numbers for use in your home. In a crisis situation, it should be handy for you or anyone staying in your home to use. Post a copy near every telephone.

Emergency **911** or **0** Police _____

Fire Department _____ Ambulance _____

Pediatrician _____ Family doctor _____

Dentist _____ Poison Control Hotline **1-800-222-1222**

Pharmacy _____ Out-of-town family contact _____

Information to Give in Emergencies

Home address (include all cross streets so that directions can be given):

Home phone number _____

Personal information about the child:

Child's name _____

Date of birth _____ Weight _____

Allergies _____

Current medications _____

Medical conditions _____

How to reach family members (include beeper and cellular phone numbers):

Mom's work numbers _____

Dad's work numbers _____

Nearest relative or neighbor _____